As part of the 6th International Day of Yoga (IDY) 2020 celebrations, the Indian Council for Cultural Relations (ICCR) had instituted a video blogging competition, ‘My Life My Yoga’. Five entries were received in Brunei. The entry by Mr. Tony Abraham in the male-adult category was adjudged to be the best. Mr. Abraham’s video blog was awarded a prize money of B$ 300/- by High Commissioner HE Ajaneesh Kumar and his entry has been forwarded to ICCR for the global prize under the competition.